LUNCH

SATURDAY, SEPTEMBER 11, 2021

MEXICAN CHICKEN W/ MEXICAN RICE (1)





CALORIES 515

SODIUM 615mg

PROTEIN 24g

FAT 34g **CARBS** 28g

CHOLESTEROL 145mg

FIBER 1g

BLT WRAP





CALORIES 331

SODIUM 773mg

PROTEIN 13g

FAT 19g **CARBS** 27g

CHOLESTEROL 26mg

FIBER 2g

HOPPIN' JOHN



CALORIES 105

SODIUM 500mg

PROTEIN 4g

FAT 1g

CARBS 20g

CHOLESTEROL 0mg

FIBER 4g



















